



WEEK 1



HOT MEAL

VEGETARIAN CHOICE

VEGETABLES

DESSERT

	HOT MEAL	VEGETARIAN CHOICE	VEGETABLES	DESSERT
MON	Chicken Tikka Masala & Rice	✓ Bean & Sweet Potato Bake	Seasonal Vegetables	Chocolate Berry Sponge & Chocolate Sauce
TUES	Chicken & Vegetable Pie with Sweet Potato Mash	✓ Potato & Spinach Curry with Rice	Seasonal Vegetables	Lemon Layer Pudding
WEDS	Roast Beef & Yorkshire Puddings with Roast Potatoes	✓ Super Veg Spaghetti with Cheesy Garlic Bread	Seasonal Vegetables	Peach Melba Squares & Custard
THURS	Beef Keema Pie	✓ Vegetarian Dish of the Day	Seasonal Vegetables	Tropical Fresh Fruit Salad with Natural Yoghurt
FRI	Crispy Battered Fish & Chips	✓ Vegetarian Dish of the Day	Seasonal Vegetables	Summer Fruit Crumble & Custard





WEEK 2



	HOT MEAL	VEGETARIAN CHOICE	VEGETABLES	DESSERT
MON	Beef Hot Pot	✓Vegetable Curry & Rice	Seasonal Vegetables	Fruity Jam Sponge with Custard
TUES	Beef Lasagne & Garlic Bread	✓Summer Veggie Quiche with Potato Salad	Seasonal Vegetables	Peach Crisp & Custard
WEDS	Roast Gammon & Pineapple with New Potatoes	✓Veggie Pasta Bolognese	Seasonal Vegetables	Rice Pudding & Berries
THURS	Chicken Korma with Rice & Naan Bread	✓Loaded Potato Skins with Coleslaw	Seasonal Vegetables	Blackcurrant Oat Slice with Custard
FRI	Crispy Battered Fish with Chips Salmon Fishcake	✓Summer Veg & Mint Risotto	Seasonal Vegetables	Orange Honey Cake with natural Yoghurt





WEEK 3



	HOT MEAL	VEGETARIAN CHOICE	VEGETABLES	DESSERT
MON	Beefburger in a Bun with Potato Wedges & Salsa	✓ Vegetable Lasagne with Garlic Bread	Seasonal Vegetables	Pineapple Upside Down Cake & Custard
TUES	Pork Meatloaf with New Potatoes	✓ Summer Tart with Butterbean & Cucumber Salad	Seasonal Vegetables	Chocolate Banoffee Tart
WEDS	Roast Chicken with Sage & Onion Stuffing & Roast Potatoes	✓ Mediterranean Stuffed Peppers with New Potatoes	Seasonal Vegetables	Lemon & Lime Drizzle Cake with Custard
THURS	Steak & Mushroom Pie with Creamed Potatoes	✓ Bean Filled Pitta Pockets with Sweet Potato Wedges	Seasonal Vegetables	Tropical Fruit Crunch with Ice Cream
FRI	Crispy Battered Fish & Chips Sizzling Sausage in a Bun	✓ Summer Roasted Veg Pasta	Seasonal Vegetables	Fatless Strawberry & Cream Sponge

